

FREE PROJECTS available at www.bfranklincrafts.com

Chemo Care Cap

CHEMO CARE CAP

Hair loss is a traumatic side effect faced by many cancer patients. Maybe you've experienced it yourself, or maybe someone you love has. It's easy to help.

Knit in super-soft yarn, this cap will soothe and warm chemotherapy patients in high style. Knit one and bring it in to the store. We will donate all the caps we receive to a local cancer treatment center.

Please note the following as you knit your Chemo Care Cap

- Chemotherapy patients have very sensitive skin.
- All caps must be made with a super-soft luxurious yarn such as Chinchilla.



SUPPLIES

- 1 ball Berroco Chinchilla Yarn or other super-soft yarn
- 1 set double pointed knitting needles, size 9 or size to obtain gauge — OR— 1 crochet hook, size 6mm (J)
- 1 St Marker

KNIT INSTRUCTIONS

Gauge: 12 sts = 4", 18 rows = 4" in St st
SAVE TIME, TAKE TIME TO CHECK GAUGE!

With dpn's, cast on 3 sts. Inc 1 st in each st across – 6 sts. Divide sts on all 3 needles with 2 sts on each needle. Mark for beg of rnd and carry marker up. Knit 1 rnd.

Next Rnd: Inc 1 st in each st – 12 sts. Knit 1 rnd.

Inc Rnd: * K1, inc 1 st in next st, rep from * around – 18 sts. Knit 1 rnd. Continue to inc 6 sts every other rnd, having 1 more st between incs each time until there are 60 sts on needles. Work even in St st (k every rnd) until cap measures 6" from beg. Work even in k1, p1 ribbing until yarn is almost gone. Bind off all sts loosely in ribbing.

CROCHET INSTRUCTIONS

Gauge: 10 hdc's = 4", 8 rows = 4"
SAVE TIME, TAKE TIME TO CHECK GAUGE.

With crochet hook, ch 5 and join with a sl st to form a ring. Work 8 sc's in ring, join with a sl st in first sc. Mark with pin for beg of rnd and carry marker up.

Rnd 2: Ch 2, *hdc in next sc, 2 hdc's in next sc, rep from * around, join with a sl st in top of ch-2 - 12 hdc's.

Rnd 3: Rep Rnd 2 - 18 hdc's.

Rnd 4: Rep Rnd 2 - 27 hdc's.

Rnd 5: Ch 2, work 1 hdc in each hdc around, join with a sl st in top of ch-2.

Rnd 6: Ch 2, *hdc in next 2 hdc's, 2hdc's in next hdc in next hdc, rep from * around, join with a sl st in top o ch-2 - 36 hdc's.

Rnd 7: Rep Rnd 5.

Rnd 8: Ch 2, *hdc in next 3 hdc's, 2 hdc's in next hdc, rep from * around, join with a sl st in top of ch-2 - 45hdc's.
Rep Rnd 5 until cap measures 7" from beg or desired length.

Project reprinted courtesy of Berroco.com