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Ribbon Emblems of Unity

Project courtesy of HIA



SUPPLIES

For the Bracelet - 16 inches of $\frac{1}{4}$ " Ribbon in each of 3 colors: Red, White and Blue

For the Lapel Pin - 8 inches of $\frac{1}{4}$ " Ribbon in each of 3 colors: Red, White and Blue, Pearl Head pin or safety pin

INSTRUCTIONS

For each project, pin three strands of ribbon together on a board or piece of foam. Braid, folding each outside strand towards the middle as you work. When you have completed the required length, stitch, knot, or use fabric glue to secure each end.

For the Bracelet:

Tie and knot around left wrist. The left wrist is used in reference to an old Victorian custom of wearing a black band around the left arm in memory of those we have lost.

For the Lapel Pin:

Fold braided ribbon in half, creating a graceful curve. Cross ends over one inch from the ends and secure with fabric glue or a tack stitch. Pin to lapel using a pearl head pin or safety pin.